

Vol. 84, No. 31

Published for the Fort Dix Community since 1942

August 7, 2009

NEWSNOTES

Help is available

In need of crisis intervention and

Do you, or someone you know, need help? Call Military OneSource at 1-800-342-9647 or the Outreach Center at 1-866-966-1020.

New deadline for newspaper submissions

Deadlines for submitting articles to the Fort Dix Post have changed. The Fort Dix Public Affairs Office is realigning its newspaper dead-lines to match those of Joint Base higher headquarters public affairs requirements.

Articles prepared by writers tions on the post must be submitted by 4:30 p.m. each Monday.

For more information, contact David Moore, of the Fort Dix Public Affairs Office, at 562-4035, or e-mail david.f.moore@us.army.mil.

Pre-Retirement/ Separations briefing

The next Retirement/Separations Briefing will be held **Aug. 18 – 21**, from 8 a.m. – 4:30 p.m. each day. The seminar will take place in the Timmermann Conference Cente located on 8th Street and Pennsylvania Avenue

This is a mandatory briefing for Soldiers within 120 days of retirement/transition leave. However, it is open to all Soldiers and family members interested in obtaining information on the retirement or

information on the retirement or separation process. Reservations are required. Con-tact the Retirement Services Officer, Fay Marshall-Dease at 562-2666 or fay.marshalldease@us.army.mil to

Families invited to relive 1960s in concert

1960s in concert

Grooy ID eard holders and their families are invited to dust off their tie-dyed shirts and bell bottoms and attend the 60s Flashback Family Day Music and Art Expo Aug. 8 on Doughboy Field. The fun runs from noon to 7 p.m. and features live entertainment, boardwall games, a classic car show, photo stands, craft demonstrations, a NASCAR simulator and more. Food will be available for purchase.

For more information call 562-5881 or visit the Fort Dix Family, Morale, Welfare and Recreation website at www.dixmwr.com.

Six Flags to host Military Day

Military Day

Six Flags Great Adventure is recognizing those who serve the country by holding the Military Appreciation Day on Aug. 15. The discount package includes a one-day admission to Six Flags Great Adventure and Wild Safari and all-you-can-eat buffet for \$29.50 per person.

To purchase tickets, mail checks to Liberty USO, Terminal A-East, Philadelphia, Airport, Philadelphia, PA 19153. Call (215) 365-8010 for more information.

Weather

FRIDAY -- Mostly sunny. Highs in the low 80s and lows in the mid 60s.

SATURDAY -- Few showers. Highs in the mid 80s and lows in the upper 60s.

SUNDAY -- Partly cloudy, chance of a thunderstorm. Highs in the upper 80s and lows in the low 70s.

storms. High 89, low 73.

TUESDAY -- Scattered thunder storms. High 90, low 68.

WEDNESDAY -- More isolated thunder storms. High 85, low 66.

Dix riders train to reduce risks



Spc. Kevin D. Harrison; 99th Regional Support Command

PRACTICE MAKES PERFECT -- Bob Hansen. motorcycle rider coach, guides a student through a maneuver during the Expert Rider Course, July 29, at Fort Dix. The 12 students in the motorcycle class went through an array of classroom and

mounted exercises to improve awareness, technique and response time on a motorcycle.
Although the course instructors primarily work
at Fort George G. Meade, Md., they host a class

More Soldiers are dying in motorcy-e accidents and the proof is in the fatality statistics.

cle accidents and the proof is in the fatality statistics.

Last year, there was a nearly 25-percent increase in motorcyclist fatalities compared to the previous year, according to Army Safety Center, Fort Rucker, Ala., statistics.

Like many other Army bases, Fort Dix combats these alarming statistics by not only offering motorcycle education, but by requiring it. To ride and register a motorcycle on base, operators must complete one of two Motorcycle Safety Foundation (MSF) courses.

The Basic Rider Course (ERC) and the Experienced Rider Course (ERC) are offered free of charge for Soldiers and Department of the Army civilians.

The BRC consists of five hours of classroom instruction and 10 hours of riding exercises in a controlled environment. This course is intended for beginner-level riders with the only prerequisite being that students be able to ride a bicycle. Motorcycles and helmets are

site being that students be able to ride a bicycle. Motorcycles and helmets are provided by the course instructors. The ERC is a five hour course with

classroom instruction conducted on the range. Students are permitted to use their own motorcycle and helmet. This course is recommended for graduates of the basic rider course as well as seasoned riders.

"Our goal is to reduce troop loss

Hundreds turn out for Dix career fair

A two-day sponsored Ultimate War-rior Workshop and Career Fair at Tim-mermann Center last week had veterans and family members honing resumes, interview skills and going one-on-one with potential employers offering new careers.

with potential employers ottering new careers.

"The career fair was definitely a success," Lt. Col. Cynthia Palinski, the Ultimate Warroir Workshop and Career Fair officer in charge, said "We had 487 people come to the workshops and 788 came to the career fair."

The July 29 - 30 event complemented the Chief of the Army Reserve, Lt. Cap. July 29 - 30 event complemented the Chief of the Army Reserve, Lt. Cap. July 20 - 30 event complements is to develop a collaborative effort to sustain a viable operational Army to veterans and companies to see how many positions were actually filled. gram is to develop a collaborative error to sustain a viable operational Army to the sustain a viable operational Army to statisfied and provide employ-Reserve, capable of caring for solution and their families, and provide employand their families, and provide employand for ers with an o-cost link to highly skilled and talented Army Reserve Soldiers.

One Navy noncommissioned on the event after meeting with a potential future federal (continued on page 3)

and private sector employers," Palinski said. "All of the companies had to supply information showing that they had available positions, so it was not just advertisement, but legitimate employment opportunities."

Like any Army operation, potential employees and family members from all branches of the services planned, rehearsed and executed their mission to secure a career position from one of the



RESUME REVIEW -- Sgt. Maj. Ricky Orange, of the Mobilization Readiness Battalion, talks to Uneeda Brewer-Frazier, Oxford Group Consulting and coaching firm representative, about resume tips and job hunting strategies at the technical workshop portion of the Ultimate Warrior Technical Workshop and Career Fair, July 29.

Dixan gets contracting award

Suzanne Anderson, associate director for Contracting Operations at Fort Dix, has won the Barbara C. Heald award for Excellence in Contracting as part of the Secretary of the Army's awards for fiscal year 2008.

Anderson was presented a plaque signifying the honor in a ceremony held July 19 at Fort Belvoir, Va. Fort Dix's former Contracting Director Marv Kastberg was also honored at the event, receiving kudos as the

was also nonored at the event, receiving kudos as the Outstanding Procurement Analyst in Department of the Army's civilian contracting branch. Anderson has been a contracting director for the Mission and Installation Command, United States Army Reserve Center at Fort Dix since January 2009 when she moved down from a similar position at Fort

A New Jersey native. Anderson was born in Bay-

Monmouth.

A New Jersey native, Anderson was born in Bayonne but moved to Toms River when she was about a year old. She earned a B.S. degree in business administration from Georgian Court College in Lakewood before beginning her career in government service in 1993 as an Army Materiel Command Contracting intern at Fort Monmouth.

Anderson added a master's degree in business administration from Monmouth University to her educational repertorie in 1996.

Dix's newest contracting operator admits she ham oidea of what contracting was about when she was interning in college but says she's glad to be in a field, today, that's constantly changing and consistently challenging. As a U.S. Army Reserve Center, for instance, Fort Dix pulls the contracting sings for base operations at both Fort Monmouth and Fort Hamilton, N.Y. which are part of the Eastern Region. And contracting from her office also deals with funding activities needed by troops training and deploying from Fort She says the big challenge facing contractors here is to "execute the mission (which is ever-expanding)

She says the big challenge facing contractors here is to "execute the mission (which is ever-expanding)



Pentagon weighs social networking advantages, risks

John J. Kruzel American Forces Press Service

WASHINGTON, Aug. 4, 2009 - A Defense Department review is weighing the benefits of social networking and other Web 2.0 platforms against potential security vulnerabilities they create.

In a memo issued last week, Deputy Defense Secretary William J. Lynn III directed a study of social media sites like Twitter, Facebook and YouTube in hopes of establishing a policy by Octo-ber, Pentagon Spokesman Bryan Whitman told

reporters today.

"We're addressing the challenges from a security standpoint, but also the impact and the value that they have to the department to be able to communicate in a 21st century environment," Whitmar said.

Defense Secretary Robert M. Gates is slated to receive a report on the threats and benefits of Web2.0 tools before the end of the month. Both Gates and Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, have embraced the new

the Joint Chiefs of Staff, have embraced the new technologies.

The Pentagon's chief information officer is taking the lead on the review, which was catalyzed by concerns raised at U.S. Strategic Command, Whitman said. Stratcom is responsible for overseeing the use of the "dot-mil" network.

In the meantime, there are no department-wide orders banning the use of social networking and other Web 2.0 applications, Whitman said, adding that standard local restrictions to such sites may occur due to bandwidth or security concerns.

(continued on page 3)

(continued on page 3)

Discerning viewers can't resist gung ho war movies

Public Affairs Staff

I thought a heart attack was coming on. After flagging down a Soldier at the PX on Monday, I took her picture and asked her this week's question for our current Dixan on the street.

"What's your favorite war movie," I blurted out.
She countered by running down a list, with descriptions, of all these old movies she had watched repeatedly on TV over the years and why she loved them.

the years and why she loved them.

Well, I couldn't have been more dumbstruck if she had hit me over the head with a sledge hammer. Sgt. Sheena Barnett of the 492nd Civil Affairs Bn. from Buckeye, Arizona, has her movie trivia together. Humbly, I salute her

boomers were the last of a breed who cherished trivia for its own sake. A movie buff, for example, will strain to save remnants of truth or beauty from lurching into oblivion within the chilly domains inhabited by cyber-

But enough already. It's time, space.
But enough already, It's time, once again, to explore what's best about war movies. But over 50 years of speculating has left one with the conclusion that it's impossible to objectively confirm that any films in any cate gories or genres are, aesthetically, "the best." All we can do isl stour favorites and explain why we find some works appealing. In some dimensions, objectivity does not exist. Subjective feelings rule.

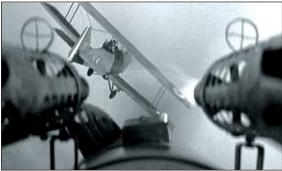
I just can't get into certain war movies no matter how heralded they are by an increasingly superficial media. Sorry but Sarving Private Ryan (1998), The Longest Day (1962), Lawrence of Arabia (1962), Platoon (1986) and others left me cold.

And we lack room here to explore many fine military films that for example look at life on

explore many fine military films that, for example, look at life on the home front following a war like *The Best Years of Our Lives* (1946) did so superbly or military comedies of the caliber of The Last Time I Saw Archie



her.
And I had thought that baby HAND TO HAND -- In his film debut, Michael Caine's British officer takes on a Zulu warrior in director Cy Endfield's spectacular 1964 epic, "Zulu."



www.eccentric-cinema.com
COMBAT IN THE AIR — Guns from a German plane open up on a British Spitfire
S.E.5a in a blazing scene from 1966's "The Blue Max," a stunningly photographed
tale of dogfights during the first World War as seen from a German perspective.



www.timjorum.org NO MAN'S LAND --French colonel Kirk Dou-glas takes cover in the trenches before ordering an attack in a World War I battle in 1957's bitter and emotionally overpowering anti-war classic, "Paths of Glory." Ecrasez l'infame!

Bean's Odysseus and Brian Cox's King Agamemnon give performances strong enough to bring back the classics. Other prominent films detail-ing famous battles include Robert Shaw's memorable por-

robert shaw memorable por-trayal of a Nazi tank commander in *The Battle of the Bulge* (1965); *Midway* (1976), where the U.S. Navy turned around the war in the Pacific during World War II and the *Battle of Britain* (1960), when Privish Spitfers

The Last Time I Saw Area the Battle of the Bulge (1961), melodramas as moving as Soldier in the Rain (1962) where the Soldier in the Rain (1962) where the Soldier in the Rain (1963) where the Soldier in the Rain (1964) where the Soldier in the Rain (1965) where the Soldier in the Rain (1964) where the Soldier in the Battle of the Bulge (1965) where the Soldier in the Rain (1964) where the Soldier in the Pacific during World West In the Pacific during World War II. (1965), offered the Wind Hand the Buttle of Soldier in the Soldier Pacific All Soldier Roberts (1965), and the original world West In Under the rubric of World War II. (1965) where they shoot first and don't both where hey shoot first and don't both where hey shoot first and don't both where hey shoot first and don't both where they shoot first and the where they shoot first and the where



The Sand rebbles Motion Picture Web GUNBOAT DIPLOMACY — Sailors aboard the USS San Pablo cut their way through a blockade on the Yangtze River in 1926 China in a sweeping vision of Western imperialism portrayed in 1966's "The Sand

right); Van Heflin and Aldo their inhabitants include that of Ray's paean to the Marines in colonial wars, with Gunga Din Battle Cry (1955); and James (1939), Beau Geste (1966) Coburn out to expose chicanery the modern, Guy Stockwell verin his chain of command on the German side of the Russian picture above), a fascinating Front in Cross of Iron (1977).

Films lighting up sea stories who having lost in Indo-China include The Sand Pebbles (1966 try to make amends in Algeria in see picture above); pervasive The Lost Command (1966) boredom abord an Navy supply the action-packed French For-



tors2.fadeback.com/filmegr

collectors: Jadeback.com/limegreesst.html
STRANGLEHOLD -- Greek patriot Anthony Quinn
silences a German guard in 1961's rousing "The Guns
of Navarone," about a British commando team setting
out to destroy giant German guns blocking a sea lane in
the Aegean Sea in World War II.

the Aegean Sea in World W.
Mohicans (1992) and the version of Major Dundee (1965)
which has Mitch Miller's original stirring musical score.
Mercenaries would be a short
but mighty category with The
Wild Geese (1978) tangling with
Simbas in Africa and Rod Taylor's crew doing likewise in the
Congo in The Dark of the Sun
(1968).
World War I flicks would be
negligent without Paths of Glory

negligent without Paths of Glory (1957, see picture), All Quiet on the Western Front, modern version (1979) and The Blue Max

sion (1979) and The Bille Max (1966, see top picture).
Movies featuring commandoes include The Guns of Navarone (1961) and The Devil's Brigade (1968).
Vietnam flicks are topped by Apocalypse Now (1979) and The

Deer Hunter (1978).
The Civil War is represented

by Gettysburg (1993) and The Horse Soldiers (1959). Good viewing!



www.william-smillie.com
SOULFUL NAZI — Marlon Brando's portrayal of
a sensitive Nazi officer in
1958's "The Young Lions"
drew jeers from critics and
sneers from cynics but
nevertheless contributed to
the success of this World
War II drama, its combat
scenes in North Africa
highlighting hardships
endured there.

Dixan on the street: What's your favorite war movie?



Sgt. Sheena Barnett 492 Civil Affairs Bn. Buckeye, Arizona

"I like that movie about "I like that movie about the Battle of Bulge with Van Johnson in it ["Bat-tleground," 1949]. I grew up watching all the old movies... I like where the commander of the trapped American unit tells them they have to go back in again and they do it with-out complaining. I also like submarine movies like Run Silent, Run Deep [1958]."



Capt. (RET) Charles Coye

"Twelve O'Clock High It dealt realistically with some of the psychological problems our flyers were having in World War II."





Senior Airman Tiffany John Aerial Port Squadron U.S. Air Force Reserve

"Black Hawk Down, I liked the way Soldiers ran to take care of each other and would not leave their wounded buddies. Their sense of camaraderie was impressive.





Staff Sgt. Richard Jackson 35 Aerial Port Squadron U.S. Air Force Reserve

"I liked <u>Glory</u>. Denzel Washington is one helluva actor and it was all about a black unit during the Civil War."



the Post

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Customer feedback needed for CMS

Tiffany L. Colby

All customers who live, work or do business at Fort Dix will have an opportunity from Aug. 24 through Sept. 18 to provide detailed

The 2009 annual Customer Services.

The 2009 annual Customer Service Assessment, which falls under Customer Management Services, is the Installation Management Command's annual Army-wide program for collecting cus-tomer feedback and using the data to evaluate and improve the deliv-ery of installation programs and services.

The assessment is intended to answer the all important question

affecting resource allocation in IMCOM- "What does it matter to Service Members and to their Families?"

service Members and to their Families?"

Most installations participated in this survey in 2008, when more than 20,000 individuals completed the survey. The customers – Leaders, service members, family members, retirees, veterans, civilan employees and contractors provided information about the importance of programs and services, as well as a rating about how well the installation is providing services for them.

The assessment can be filled out online, from a Web link that will be published within the next few weeks. When individuals take the survey, they will be asked to provide generalized demographic data that will automatically direct them to the appropriate assessment questions. In that way, family members or retirece, for example, will not be asked to rate services like the Central Issue Facility or the Ammunition Supply Point – two services used by service members

and their leaders.

Within the survey, customers will be asked to rate service "performance" on a scale of 1 (very poor) to 5 (excellent), and "importance," also on a scale of 1 to 5. The assessment will ask that all low ratings be explained, so importance and performance issues can be clearly identified.

Data provided by commanders, command sergeants major, first sergeants, senior civilians, and senior staff will also be captured. They will also rate the "performance" and "importance" of installation services, but in relation to the accomplishment of their organization missions.

"This is a fantastic opportunity for service members and their "This is a fantastic opportunity for service memoers and ineir families to directly affect how services are provided at their installa-tion," said Lori Dean, IMCOM North East Region CMS manager. "All customers will be able to rate how well the services they receive match their expectations. IMCOM can use this feedback to improve services, which should ultimately affect service member and family marker of life." quality of life.

As soon as the Web link is published, expect to see a strong infor-As soon as the Web link is published, expect to see a strong information push from multiple fronts – (The Post newspaper, email, flyers, MWR marquees, approved Networking Websites, etc). The more customers in each category who take the 20 to 30 minutes to complete the assessment, the more accurate and substantial the data collected. The data will be returned to the installation in November, when it will be used to identify and document best practices, and to develop plans for improvement in services where customers say there are issue.

Hundreds show for career fair

at Fort Monmouth, and a senior auditor position at McGuire AFB," said Capt. Michael Panz-era, a certified public accountant

Networking risks, rewards

"But as a department, we recognize the impor-tance of taking a look at this issue because there are legitimate security concerns;" he said. In an interview with a blog site yesterday, Price

Floyd, the principal deputy assistant secretary of defense for public affairs, emphasized the importance of maintaining operational security, or Opsec, in an era of Web-based social networking.

(continued from page 1) employer. "I'm wanted by the IRS," Petty Officer Daniel Kelly said." I have a private interior way with them set up so I am being considered for a job."

Another Army National Guard job candidate, who recently completed a four officent your proposition at the VA in Hudson County, a budget analyst position at Fort Monmouth, and a senior auditor position at Medium and the providence of the state of the said of the state of the said of t

County, a budget analyst position at Fort Mommouth, and a senior auditor position at McGuire Interest and the State Council Society of auditor position at McGuire Interest and English and the State Council Society of auditor position at McGuire Interest and English and the State Council Society of auditors of the Council Society of an auditor position and English and Parama, and the Tip of the Army Career and Alumni era, a certified public accountant who served with the New Jersey National Guard's 50th Infantry Brigade Combat Team.

On the private sector side of the career fair, a Best Buy department store representative reported they were looking to fill positions for technicians, management and engineering at two of their soon to be opened stores in Jersey City and Eatontown.

"We would definitely go out of our way for them," said Lauren Masilhan, of Best Buy, "because that's what they do every day for us."

Inside four of Timmermann Center's crowded conference classrooms, job candidates seeking positions in law enforcement, education and engineering mingled with such agencies and simms as the Fire Department of New York, Federal Bureau of Investigation, Comeast, Lock-

for social networking



JOB FOCUS -- Capt. Michael Panzera, New Jersey Army National Guard, talks to Michael Gold, U.S. Cit-izenship and Immigration Office, from Newark, about a possible job opportunity at the career fair portion of the Ultimate Warrior Technical Workshop and Career Fair, July 30.

Fair, July 30.

to lucky participants looking to make career changes by showing for the workshop.

Prizes included cookware, shirts, a five-day cruise, a weekend vacation at a Trump casino in Atlantic City, and private sessions with professional career counselors with professional career counselors.

rer to the computer lab so they sold make on-the-spot changes their resumes with a knowledgeable counselorocach prent.

Thirty prizes were raffled off

**Revent organizers were happy that the workshop offered military personnel the opportunity to

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**Revent organizers were happy that the workshop o and resume reviewers — I think everyone did an excellent job, said Palinski. "We really wanted this fair to be a one-stop-shop dare shut down their Web sites. They have to sell their products and ideas — and this is how it's done. Opsee needs to catch up. This is the modern convenient of sending a letter home from the said of the said the said

http://www.usar.army.mil/arweb/ EPI/Pages/default.aspx

"Opsec is paramount. We will have procedures in place to deal with that," Floyd told Wired's stuff, but the more our troops do this stuff, the better of the ware." Make your voice HEARD, by taking only 20 minutes to provide your valuable feedback on Installation services at Fort Dix.



I WANT YOU TO TAKE THE



RATE THE **IMPORTANCE and PERFORMANCE** of Installation Services

Survey is open to all eligible patrons from 24 Aug 09 - 18 Sep 09

http://www.myarmyvoice.org

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A three-liered customer feedback process

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5418 S. Scott Plaza, Room 141, Fort Dix, NJ 08640
O: (609) 562.2261 E: dixcms@conus.army.mil

Police Log

Police Log is a weekly synopsis of significant police activitie veloped from reports, complaints, incidents or information eived and actions taken, for the week of July 27 - Aug. 2

received and actions taken, for the week of July 27 - Aug. 2, 2009.

The abbreviation DoD stands for Department of Defense; NAFD means Not Affiliated with Fort Dix (the subject doesn't live of work here); NCIC stands for National Crime Information Center, DWI means Driving While Indoxicated; CDS means Controlled Drug Substance; POV means Privately Owned Vehicle; MAFB stands for McGuire Air Force Base; USAF EC stands for US Air Force Expeditionary Center, AHCC stands for Ambulatory Health Care Clinic (MAFB); VMHBC stands for Checkpoint Number.

Police responded to a report of wrongful destruction of private property near Bldg. 5510. Investigation revealed person(s) unknown had damaged a tire on a vehicle owned by a Soldier assigned to Fort Dix. Investigation continues.

Police responded to an incident in the Garden Terrace housing area. Investigation revealed three juveniles had been throwing bottles at a fire hydrant. The subjects then fled the scene. Investigation continues.

gation continues

 Police responded to a traffic accident on Hartford Street. Investigation revealed an unknown vehicle had struck a parked and unoccupied vehicle belonging to an FCI employee.

•Police responded to an assault at Bldg. 5326. Investigation

Proince responded to an assault at 1810g. 53.26. Investigation revealed two Fort Dix civilian employees had a verbal argument that escalated into a fight. The subjects were transported to the police station for processing. Emergency medical personnel responded, but both subjects declined treatment. Both subjects were cited with simple assault.

Police and Fire Department personnel responded to a fire alarm at Bldg. 5601. Investigation revealed no cause for the

alarm.

•Police responded to a motor vehicle crash near Bldg. 5215. Investigation revealed a vehicle, operated by a civilian NAFD, was backing out of a parking space when it was struck by a second vehicle backing from a nearby parking space. The second vehicle then fled the scene. There were no reported injuries and the vehicle was released to the operator at the scene.

•Police and Fire Department personnel responded to a fire alarm at Bldg. 4352. Investigation revealed no cause for the alarm

alarm at Blug. 4322. Investigation of the Laurel Hill housing area. Investigation revealed a military dependent had purposefully damaged the quarters. Investigation continues.

Police responded to a traffic accident in the Garden Terrace housing area. Investigation revealed a vehicle, operated by an Airman assigned to McGuire AFB, struck a parked vehicle while backing from a driveway. There were no reported injuries and the vehicles were released to the operators at the scene.

Police and Fire Department personnel responded to a gas

Police and Fire Department personnel responded to a gas leak at Bldg. 5519. The gas was shut off and the utility company responded to fix the leak.

Police responded to a traffic accident near Bldg. 5950. Investigation revealed a consumer which.

tigation revealed a government vehicle, operated by an Airman assigned to Fort Dix, struck another vehicle. There were no reported injuries and the vehicles were released to the operators

 Police responded to a report of theft at Bldg. 5501. Investi-ation revealed person(s) unknown had taken food items. Invesigation continues.

tigation continues.

While processing two visitors, a Fort Dix contract employee and a civilian NAFD, at the Visitor Center, police discovered both subjects had outstanding warrants from Trenton. The subjects were transported to the police station for processing and transferred to the custody of the Trenton Police Department.

While conducting a routine credential check of a vehicle attempting to enter the installation via the FCI gate, police discovered the operator, a civilian NAFD, had a suspended driver's license. The subject was cited and the vehicle towed from the scene.

There was one expired identification cards confiscated du

There were six Magistrate Court Citations issued for violations. DWI incidents are now at nine for the year.

Riders train

(continued from page 1) from needless accidents," said Bob Hansen, motorcycle riding coach, and assistant class instructor.

instructor.

The course focuses on instilling safe riding practices, getting rid of bad habits, and fine tuning riders skills at slow speeds, he said.

"Riding at 35 mph is easy, anyone can do it, maneuvering at 10-15mph takes skill," said Hansen

Hansen.

While the courses satisfy the on-base riding requirement, head instructor David Backert recom-

Many insurance companies
said offer discounts to MSF course
graduates. Also, some states
class waive the road test requirement
for licensing with successful
completion of either course. Course graduates are encouraged to contact their insurance companies and respective states' Department of Motor Vehicles to

see which benefits may apply.

Kevin Sedlak, Fort Dix Installation Safety Officer, said there will be two more BRC and ERC Backert recomare should backert recomare should backert recomare should be offered August 2526 and Sept 13-16 and the ERC
August 27 and Sept 17. Classes are scheduled to pick up again in May of next year.

Aside from investigation

"It you think you know everything about riding, it's time to
stop," said Backert.
Aside from improving ride
skills, there are additional benefits to taking either the BRC or
ERC.

"May of next year.

why of next year.

May of next year.

who re information on
motorcycle safety, courses
offered at Fort Dix and how to
register, call \$62-3082. For more
information on the MSF, log on
to www.msf-usa.org.

The National Highway Traffic Safety Administration reports that 5,290 motorcyclists died last year in the US; 126 of those fatalities were members of all branches of the military.

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Chaplain Corps celebrates 234 years

Corps at the Main Chapel July 129.
Garrison Chaplain (Col.)
Thomas Brouillard spoke of the extensive accomplishments of chaplains throughout the honorable service of the corps. From Lexington and Concord, during the Revolutionary War, to the Current wars in Iraq and Afghanistan, spiritual leaders

Wayne Cook
Public Affairs Staff

The rich history of service to God and country was celebrated by members of the Fort Dix concord on 19 April 1776; he later died on active duty. Other New England clergy ... shoulted States Army Chaplain Corps at the Main Chaple July 29.

Garrison Chaplain (Cot)

have served Soldiers faithfully, even in the face of certain death. "William Emerson has the distinction of being the very first North and South — 3,000 appointed to the North and 1,000 to the South. Sixty-six Union and 25 Confederate chaplains died in the War Between the States.

25 Confederate chaplains deed in the War Between the States.

In 1864 organization was given to the chaplaincy when clergymen were given the rank of chaplain, without command, in the regular and volunteer service of the United States.

Brouillard said that Army chaplains came into their own during World War I. The National Detense Act of 1920 formally established the Office of the Chief of Chaplains. In an article from the Army News Service, Chap. (Maj. Gen.) Douglas Carver the Army Chief of Chaplains stated that more than 25,000 chaplains have served going back to 1775. He also said that chaplains were present in more than 270 major combat engagements and that 400 chaplains have died in com-400 chaplains have died in com bat as far back as the battles of Lexington and Bunker Hill. Carver pointed out that six chaplains have received the Medal of lains have received the Medal of Honor, the nation's highest award for heroism and valor; four during the Civil War and two in Vietnam. The general noted that more than 1,000 chaplains have mobilized since 2003

Tribute was also paid to chap-lain assistants for their service in providing support for, and pro-tection of, the chaplains for more

tection of, the chaplains for more than 100 years. Brouillard concluded his remarks by saying, "Chaplains go wherever Soldiers go, offering a listening ear, an encouraging word, a message from God, or a cup of cold water. One commander described the job of the chaplain as to be wherever the Soldiers are the most misserable. That, in a nutshell, is the mission of the chaplain. That is what we celebrate today." lain. That is what we celebrate today."

Col. Patrick Slowey, Fort Dix

KEEPING COOL — Three-year-old Desiree Hartsfield and her mom, Mary Hartsfield, above, cool off in the indoor pool at the Aquatic Center during the 234th Anniversary of the United States Army Chaplain Corps celebration July 29. It was a refreshing experience as the weather was hot and humid. Col. Patrick Slowey, garrison commander, left photo, reflects on the many contributions that chaplains and their assistants have made to the Army cause over the past 234 years.

their assistants have made to the Army cause over the past 234 years.

To day, chaplains are more involved than ever before in the lives of our Soldiers and their families. The value of the Chaplain is families over the years is immeasurable – everywher every on, they are there. In the very worst of times, the chaplain is always there to comfort, guide, and nurture all of God's children.

The Army cause over the past 234 years.

To day, chaplains are more survey in the proposed a bountiful pricinc lunch while children frolicited around the chaple ground is families over the years is playing bean bag throw, jumping was understood that the service of and emotional well-being of the community and balloons.

In the latter part of the afternoon the festivities moved to the community and Army as a whole. So today it gives me great pleas-

noon the festivities moved to the community and Army as a Aquatics Center, where everyone whole.





PARTYING PARISHIONERS -- The Fort Dix community celebrat-PARTYING PARISHIONERS — The Fort Dix community celebrated the 234th Anniversary of the United States Army Chaplain Corps July 29. There were a variety of fun activities for the celebration, including a pool party. Chap. (Maj.) Allen Raub and his daughter, Anna Raub, above left, cool off in the pool. Food was abundant, above right, and a bounce house provided entertainment for all, including Andrew Ferson and Tyler Lara, right. The celebration at the Main Chapel included a tribute to fallen chaplains and chaplain assistants along with the playing of Taps. Since the beginning of the Revolutionary War, 400 chaplains have made the ultimate sacrifice while serving Soldiers on the battlefield. Although the Chaplain Corps is only 100 years old, members of the clergy have been serving Soldiers since the Revolutionary War.







Fort Dix Post ugust 7, 2009 / page

IGHBORH

The Corner

Hot August Night Wine and Jazz Festival returns

Enjoy a night of wine and smooth Jazz at Club Dix **Aug. 14** at 5:30 p.m. Performances by Jazz greats Jeff Golub, Euge Groove, Jeff Lorber and Jessy J, along with a sampling of wines and spirits highlight the evening. The event is open to the pub-lic. Tickets are \$24 for ID card holders and \$29 for all others. Anyone attending the wine tasting must be 21 or older. Tickets may be purchased in person at Club Dix and FMWR Headquarters or over the phone by calling 562-6772.

Mothers of Preschoolers group meeting starting soon

group meeting starting soon

The Miliary Mothers of
Preschoolers group (pregnancy
through kindergarten) will meet the
second and fourth Tuesday of every
month from 9:15 a.m. to 11:15 a.m. at
the Fort Dix Main Chapel starting
Sept. 22. The program is provided for
ages 6 months and up. Registration is
required. Volunteers are also needed
for the MOPPETS room. Playgroups
are being held every Wednesday
throughout the summer. For more
information call Jessica Follett at
(585) 802-3308 or email jessicafollett@yahoo.com.

Items available to rent at Outdoor Recreation

Add some fun to your family or community event this season by renting items from the Outdoor Recreation Equipment Resource Center. Three bouncy castles, and two sizes of table covers are available to rent. Canoes, boats, tents, tables, chairs, super cookers, mountain bikes and other equipment are also available. For more information call 562-6667

Bowling League forming for

The Tuesday Night Keglers league is forming for the 2009/2010 winter season. Sign-up at the Fort Dix Bowling Center. Both individual and team bowlers are needed. The league will start Sept. 8 at 6:30 p.m.. For more information call Willie Williams at 893-8430.

Naval Sea Cadets accepting

new recruts

The U.S. Naval Sea Cadet Corps has openings for a limited number of young people ages 11-17 to join the crew of Aegis Division. Interviews will be held at Burlington County College in Pemberton on Aug. 22, beginning at 9:30 a.m.

The U.S. Naval Sea Cadet Corps is comprised of everyday young people who have an interest in seamanship, the military or other seagoing careers. Cadet applicants must be drug-free, crime-free, and physically fit.

Aegis Division cadets train at the Naval Reserve Center on Fort Dix one weekend per month beginning on the third Friday at 7 p.m. and ending

the third Friday at 7 p.m. and ending that Sunday at 4 p.m. Additional community service and color guard activities are held throughout the

Adult volunteers are also needed Adults or students wishing to sched-ule an appointment for Aug. 22 should call the division's recruiting hotline at (609) 949-9019 ext. 1.

For further information visit www.seacadets.org.

Arts and Crafts hosts Summer Art Camp

There is still time to sign up for the Fort Dix Arts and Crafts Center's Summer Art Camp. Session III begins Aug. 18 and runs through Aug. 21. Children can explore a variety of craft techniques using clay paper, paint and more.

The program runs Tuesday through Friday from 12:30 p.m. to 2 p.m. for ages 6-10 and from 3 p.m. to 4:30 p.m. for ages 11-16.

A \$50 registration fee includes all materials. Family discounts are available.

materials. Family discounts are available.

The Arts and Crafts Center also offers Krafty Birthday Parties. Parties include up to two hours of party room use and one craft project with instructions and all materials. Adorable Crate-a-Critter parties are also available. For more information call 562-5691.

Show highlights employee's art

Joe Bazerque, an Army and Air Force Exchange Service (AAFES) visu-al merchandising supervisor at the Fort Dix/McGuire Air Force Base Main

al merchandising supervisor at the Fort Dix/McGuire Air Force Base Main Exchange, has created art since childhood and it's a passion that's followed him throughout his life. Some of his works are currently on display at the Fort Dix Arts and Crafts Center.

"It's nice having a show and getting feedback," said Bazerque.

Bazerque graduated from Pennsylvania State University in 1992 with a Bachelor of Arts degree in fine art and began displaying his works on campus. Since then he has displayed his work in various shows and galleries in New Jersey and Pennsylvania.

Bazerque is an abstract artist specializing in drawings and paintings who usually, as he says, starts his works off with simple shapes such as circles, tri-angles, squares, and lines. He uses materials including different types of paper, foam, water colors, pastels, acrylics, and sumi ink. In recent years he's concentrated more on using pastels such see mits mercand feature price of the present servers and in termeral feature price. he's concentrated more on using pastels such as on his personal favorite piece "Love Among Chaos," a painting he created in 2003.

created in 2003.

At Bazerque's Arts and Crafts Center exhibit, he has a statement that reads, "Lines. Some are structured, some are "Lines. Some are structured, some are loose, and others are free. Through line (s) one sees all things in life. Lines can relate, divide, and oppose each other. They are the base to everything and non-things. They can show stability, strength, conflict, and sadness. They can lay peaceful like a child or jump like fire.

In order for a line to be born, to breathe on its own, it must metamorphose into something more than just a becomes organic. The transformation, ine, a curve, a wave. It must have a sense of individuality, a personality, if be as delicate as a strand of a spider's end of August.



A PASSION FOR ART -- AAFES visual merchandising supervisor, Joe Bazerque, stands beside "Love Among Chaos," one of the works he has on display at the Fort Dix Arts and Crafts Center. A collection of his abstract pieces which include watercolors, pastels, sumi ink, and acrylics, is on exhibit at the center throughout the month of August.

Temporary care offered for children

Rob McIlvaine

FMWRC Public Affairs Staff

Respite Child Care, a program of the Army's Family and Morale, Welfare and Recreation's Child, Youth & School Services (CYSS), offers a temporary break or time away for parents. "For Families of deployed Soldiers serving downrange and Warriors in Transtition, 16 free hours of child care— per child, per month — is provided to give the 'stay-behind parent' a much needed break from parenting responsi-bilities in order to take care of personal needs, such as doctor's appointments and errands," Jerny Haag, deputy direc-tor of CYSS, said. This service begins 30 days prior to the deployment and

tor of CYSS, said. This service begins 30 days prior to the deployment and continues 60 days after returning. CYSS is a network of systems and programs through which Army garrisons provide quality child and youth development options that reduce the conflict between parental responsibilities and unit mission requirements.

The objectives of CYSS are to support readiness and contribute to the quality of life of families by providing developmentally-appropriate care options for children and youth.

Since the Army Family Covenant was established in October 2007, significant progress has been made, said Army leadership, in maturing a program that has provided more than a million free respite care hours at garrisons worldwide.

"Child care and youth programs are

worldwide.

"Child care and youth programs are consistently rated by Soldiers as important to their Family's quality of life, and heavily impact their decision to remain with the Army team," Sgt. Maj. Of the Army Kenneth O. Preston said.

Army Family and Morale, Welfare and Recreation officials are quick to note that parents need not be current CYSS patrons to use deployment-cycle-support respite care, and that any customer the same control of the programs of the same control of th

support respite care, and that any custodial parent or legal guardian caring for a child of a deployed Soldier or Department of Defense civilian is eligible

Such care is provided in numerous

"For Families of deployed Soldiers serving downrange and Warriors in Transition, 16 free hours of child care – per child, per month – is provided to give the 'stay-behind parent' a much needed break from parenting responsibilities in order to take care of personal needs, such as doctor's appointments and errands.

Deputy Director of CYSS

ways including, designated Child
Development Center spaces, family
child care homes, summer camps for
school-age children, trained babysitters
referred to parents by CVS Services
outreach offices, and parent/child play

groups.
For many years, Military Child Care Services were provided informally through parent cooperatives, by wives' clubs, or other private organizations. The post-Vietnam Volunteer Army and the increased number of women and dual-military couples in the Armed Forces dramatically increased child care

requirements.

This added pressure on an unregulated child care system and created unsafe conditions for children.

By 1997, Milliary Child Care Frograms were declared a "Model for the Nation" by Congress and the White House. Today, the Department of Defense operates the largest "employer-sponsored" child care program in the country.

"The readiness of our all-volunteer for the part of the Part of the East American Standard on the holds of the East.

"The readiness of our all-volunteer force depends on the health of the Fam-ilies," Secretary of the Army Pete Geren said. Respite care contributes directly to our Families' health and well being.

For more information about Respite Care on Fort Dix call 562-4702.

Tips help everyone 'bee' insect smart

The two greatest risks from most insect stings and bites are potentially fatal allergic reactions and infections. Infections are more common but less serious. In order to mitigate the risks of dangers of insect bites and stings, follow these superstions.

dangers of insect bites and stings, fol-low these suggestions.

Bee, Wasp, Hornet and Yellow Jacket Stings:

A bee will leave behind a stinger attached to a venom sac. Don't try to pull it out. This may release more venom. Instead, gently scrape the venom sac out with a blunt-edged object, such as a credit card or a dull knife.

Wash the area carefully with soap and water. Do this two to three times a day until the skin is healed.

Apply a cold pack, an ice pack wrapped in a cloth, or a cold, wet wash-

cloth for a few minutes. Apply a paste of baking soda and water and leave it on for 15 to 20 min-

Give acetaminophen, such as

Give acetaminopnen, succ. Tylenol, for pain.

Other remedies for pain and itching:
Dab on a tiny bit of household ammonia. There are also over-the-counter products for insect stings that

counter products for insect stings that contain ammonia. Give an over-the-counter antihista-mine, if your doctor says it's okay; fol-low dosage instructions for your age and weight.

A sting in the mouth or nose warrants immediate medical attention because swelling may block airways. You should also seek emergency care if you see any of the following symptoms, which may indicate an allergic reaction:

• large area of swelling
• abnormal breathing
• itightness in throat or chest
• dizziness
• hives or rash
• fainting
• nausea or vomiting
• persistent pain or swelling that lasts more than 72 hours.
Spider Bites:

Most spiders found in the United States are harmless, with the exception of the black widow and the brown recluse spider. Both of these are found in warm climates.

Wash the area carefully with soan

in warm climates.

Wash the area carefully with soap and water. Do this two to three times a day until skin is healed.

Apply a cold pack, an ice pack wrapped in a cloth, or a cold, wet wash-

cloth.

Apply a paste of baking soda and water and leave it on for 15 to 20 min-

utes.
Give acetaminophen (such as Tylenol) for pain.

To protect against infection, apply an antibiotic ointment and keep your hands washed.

(continued on page 6)



Family Day makes a splash

Maj. Guy A. Titsworth, commander, Headquarters Headquarters Company, 99th Regional Support Command, drops into a dunk tank at the 99th's Family Day July 27 at John Mann Park. This was the first family day for the Headquarters, Headquarters Company since the command relocated to Fort Dix in February 2008. The event helped unit Soldiers, civilian employered of the property of the second of the property of the property of the second of the property of the p ees, and family members meet, mingle and have a fun day away from the office. The event also featured go-karts, batting cages, a clown, face painting, balloon animal and a moon bounce cas-

Tips help people 'bee' smart

whitish ring and a large outer red ring body rash — States, an unidentified bite may be used by a scopion or brown recluse spider. Head to the your child you should call your little to take the spider.

| Continued from page 5 | If you have any reason to suspect you have been bitten by a black widow or brown recluse spider, head for the emergency room.

Symptoms of a spider bitchiclude:

Symptoms of a spider bitchiclude:

a deep blue or purple area around the bite, surrounded by a sorpine or brown because the part of the southwest United sharing and a large outer red pring body rash

and stiffness emergency room immediately if you suspect they have been bitten.

Thek Bits

Thek Bits

Check your children and person tricks carefully after you've been in or around a wooded area.

Use tweezers to grasp the tick firmly at its head or mouth, next of ticks included dog ticks and deer ticks. Deer ticks may be carriers of Lyme whitish ring and a large outer red with the properties of the southwest United States, an unidentified bite may be caused by a scorpino or brown been bitten.

Thek Bits

Check your children and person from a round a wooded area.

Use tweezers to grasp the tick firmly at its head or mouth, next of ticks included to git kisk may be carriers of Lyme been in or around a wooded area.

If you find a tick on you or brown been bitten.

The doctor may want you to save the tick after removal. Putting it in a jar of alcohol will kill it.

Use tweezers to grasp the tick firmly at its head or mouth, next of ticks may be carriers of Lyme been bitten.

The doctor may want you to save the tick after removal. Putting it in a jar of alcohol will kill it.

Use tweezers to grasp the tick firmly at its head or mouth, next of the province in a provinc

AAFES offers back-to-school deals

such as Alabama, Connecticut, Georgia, Iowa, Louisiana, Maryland, Mississippi, Missouri, New Mexico, New York, North Car-olina, Oklahoma, South Carolitanut, vinssissipit, vinssouri, rew Mexico, New York, North Car-olina, Oklahoma, South Caroli-na, Tennessee, Texas, Virginia thing else a student may need to the self, but some extra incentive

It pays to know your ABC's when back-to-school shopping. How do military families get their kids back to school without breaking the bank? It's elementary; follow the Exchange's AB Cs for a back-to-school education in real world savings.

A — The Ammy & Air Force Exchange Service offers a valuable lesson in mathematics with tax-free shopping on clothes, school supplies and even electronics.

In fact, while numerous states have begun instituting tax holidays, military shoppers aren't subject to the restrictions and limited savings opportunities associated with these one-time offerings as tax-free shopping is and supplies. These special buys available vear round at BXs. and supplies. These special buys available vear round at BXs. and supplies. These special buys and will move to head of the class.

offerings as tax-free shopping is and supplies. These special buys available year round at BXs and will move to head of the class PXs around the world.

PXs around the world.

Trichermore, AAFES facilities in states with "tax holidays," packs, clothes, bicycles and packs, clothes, bicycles more, arrives at AA exchanges.

The lesson in smart shopping

The lesson in smart shopping continues throughout August as shoes, school supplies and anything else a student may need to get back to school not only will be "tax free," but discounted up to 30 percent.

"AAFES' buying staff has BXs and PXs even offer an array done its homework over the past of free and discounted products year and we're ready to pass the savings lessons along to military Families," said AAFES' Chief Marketing Officer Mat Dromey. "Even though we've crammed to Grade" booklet includes valudeliver the best back-to-school able coupons and an entry form shopping experience possible, we're always prepared to match the lowest local price to ensure authorized shoppers receive the best value for their dollar."

Additional details concerning AAFES' "We'll Match It!" program, as well as links to upcoming "back-to-school" sales and specials are available at www.aafes.com.

get back to school not only will be "tax free," but discounted up to 30 percent "AAFES' buying staff has

for a quarterly drawing in which three winners are awarded savings bonds in \$2,000, \$3,000 or \$5,000 denominations. To receive the booklet, students simply present a valid military ID card and a valid military ID card and proof of an overall "B" or better average to their local BX/PX. Students may receive one coupon package and enter the savings bond drawing for every qualifying report card.

Military families can call the fort Dix/McGuire BX/PX at 732-6100 for more information about the program.

While some people may say you can't put a price on education, any authorized exchange shopper will tell you that saving money at the BX or PX is as easy as ABC.



CREEPY, CRAWLIES -- Bee stings, spider bites and other insect encounters can put a damper on summer fun and in rare instances may even be fatal. Knowing what to do when stings and bites occur can help prevent trips to the doctor.



www.nlm.nih.gov



Children benefit from donation

Women of the American Legion Post number 459 of New Brunswick donated arts and crafts supplies, school supplies and a check for \$600 for children of demobilizing Soldiers July 22 at the Joint Readiness Center. Representing the group are, from left, Pat Long, past department president, Maryanne Lathrop, arts and crafts chairman, Bonnie Reid, Fort Dix's Deployment and Mobilization Readiness program, manager, Army Community Service, Linda Carroll, second vice president, Lynda Stadtler, department president and Roslyn Belton, histori-





Burlington County welcomes veterans program

A pilot program to assist military veterans who enter the court system has expanded into Burlington County.

The Veterans Assistance Project, first announced last Deember by Chief Justice Stuart Rabner, is a combined effort of the Judiciary, the New Jersey Department of Military and Veterans Ardiars, and the New Jersey Department of Human Services, Division of Mental Health Services, to provide referrals to existing community services as well as mentors for veterans.

"The expansion of the Veterans Assistance Project tinto Burlington County is especially significant because the county is specially significant because the county is specially significant because the county is and the veterans. The Veterans and the veterans are the veteran in the ve

Air Force Base, two of our nation's most important military installations," Rabner said.

"The project provides our veterans, who have made extraordinary sacrifices in defense of this nation, with volunteer mentors who are a critical component of the program. With the mentors' assistance, the vet-erans receive the support and services they need," Rabner said. The New Jersey Department of Military and Veterans Affairs

will determine which veterans are assigned mentors. The men-

themselves, volunteer to work with defendants while their criminal case is pending and afterward and try to head off the veteran's return to the criminal justice system on another offense.

The Burlington judges and staff participation in the Veterans Assistance Project will be a coordinated effort across all of the court's operating divisions that will include liaisons from the criminal, civil, family and municipal divisions.

A large number of military personnel live in Burlington County, including active full-time military, active reservists and veterans. The Veterans' Assistance Project will assist all military personnel, not just veterans. military personnel, not just veterans.

"Burlington County is critical because the military has such a large footprint there," said Maj. Gen. Glenn K. Rieth, the Adjutant General of New Jersey who oversees the state Department of Military and Veterans Affairs and serves as commander of the

and serves as commander or the New Jersey National Guard. "The county is home to one of the state's largest concentra-tion of veterans as well as the Fort Dix-McGuire-Lakehurst

mega base and a half-dozen National Guard facilities," Rieth

National Guard facilities," ricensaid.

Some veterans return from military service with physical mental or personal issues and may turn to drugs or alcohol in an attempt to manage the stress of returning to civilian life.

The Veterans Assistance Project aims to connect service

The Veterans Assistance Project aims to connect service members who need help to existing programs and to volunteer mentors. With help, they can address addiction issues, financial issues and court-related matters such as foreclosures and

ters such as foreclosures and child custody.

Superior Court Judge John L. Call Jr., presiding judge of the family division, will serve as the vicinage's liaison and advisor for this imitiative.

Military personnel in uniform

Call is a decorated U.S. Army veteran of the Vietnam War who served in the 101st Airborne Division and as an infantry offi-

cer.
The Veterans Assistance Project was piloted in Atlantic County in the municipal courts and in the criminal division of Superior Court in 2008 and was expanded to Union County in February. Cape May County joined the program this month.
A total of 81 veterans in

Atlantic County and 40 veterans in Union County have been referred from the courts to the New Jersey Department of Military and Veterans Affairs.

The program is geared toward providing services to veterans, not diverting veterans from the courts.

Veterans who are charged with indictable and non-indictable offenses, other than innor traffic matters, as well as veterans who are on probation, are eligible to participate in the program, as are veterans who have matters in civil and family court.

The Burlington County Bar Association has designated a liaison to the project to assist with referrals to the New Jersey State Bar Foundation's "A Call to Service" veterans program. A video about the Veterans Assistance Project can be found at youtube.com/njcourts.

Reveille 6 a.m. (0600)

Stand at attention, face the flag and salute at first note.

Military personnel not in uniform, civilians

Stand at attention, face the flag and place right hand over heart at first note.

Military personnel in formation or in a group

Senior Soldier calls group to "Attention," then "Present, Arms" at first note. Calls "Örder, Arms" at

Group of military personnel in a vehicle

conclusion.

Individual military Stop vehicle and exit. personnel, civilians in a vehicle Follow steps above.

Stop vehicle. Individual in charge exits and follows steps above.

Retreat 5 p.m. (1700)

Stand at attention, face the flag for Retreat, then salute at first note of To the Colors.

Stand at attention face the flag for Retreat, then place right hand over heart at first note of To the Colors.

Senior Soldier calls group to "Attention," then "Parade, Rest" at first note of <u>Retreat</u>. Calls group to "Attention" and "Present, Arms" at first note of <u>To the</u> Colors, then "Order, Arms" at conclusion

Stop vehicle and exit. Follow steps above.

Stop vehicle. Individual in charge exits and follows steps above.

Other bugle calls heard on post are:

Tattoo.........9 p.m. (2100)

Call to Quarters.........9:30 p.m. (2130)

Taps........10 p.m. (2200)



Cadets receive visit from star

West Point Commandant of Cadets, Brig. Gen. Michael Linnington speaks with academy cadets at Range 18, July 31. The South Jersey native spent time talking locities and accounting the logistics and encouraging the cadets as they honed their fir-ing skills at the range. Cadets come to Fort Dix each summer to take advantage of the facilities and become acclimated with Army training. Linnington is a native of Lower Township, Cape May County.

Wayne Cook

Honors and Awards



Members of the 157th Combat Sustainment Support Battalin, Capt. Mark Bastian, 1st Sgt. Clarence Ross, Lt. Col. David Whaling, and Command Sgt. Maj. Orlando Santiago, left, from Willow Grove, Pa. display their unit's Yellow Banner and Wetcome Home plaque July 23. At right, Maj. Anthony Leyva and Ist Sgt. Kevin Smith, 426th Civil Affairs Battalion, Detachment 3, from Upland, Califdisplay their unit's Yellow Banner and Wetcome Home plaque. Both units recently returned from serving in Iraq.



right, of the 30th Combat Sustainment Support Bat-talion, display their unit's Yellow Banner and Wel-come Home plaque upon their return from an Oper-ation Iraqi Freedom mis-sion July 23. Baker and Tidwell are the battalion commander and command serveant major and Jack-

sergeant major and Jackson and Banks are Head-quarters and Headquar-

ters Company commander

and first sergeant. This National Guard unit is from Humboldt, Tenn.



David Moore

Maj. Joseph Hartman, commander of the 377th Chemical Co. at left, and 1st Sgt. Brent Terry, above, receive the organization's Yellow Banner July 19 after completing a one-year Operation Iraqi Freedom tour in Baghdad. The organization, headquartered in Richmond, Va., was assigned to Multinational Security Transition Vommand-Iraq where personnel performed convoy security operations.



At right, Capt. Brian White and 1st Sgt. Charles Morin, 619th Transportation Company commander and first sergeant, display their unit's Yellow Banner at Infantry Park, July 31. The unit, from Auburn, Maine, mobilized at Fort Dix for an Operation Iraqi Freedom mission. The Army truckers will run long-haul missions delivtong-nati missions detivering supplies to military units throughout Iraq. They will also provide convoys eccurity for their own convoys and others as needed.



photos by Rvan Morton

At left, Maj. Leslie Vazquez and 1st Sgt. Ken-neth Owens, 1490th Civil Affairs Company com-mander and first sergeant, display their unit's Yellow Banner during a ceremo-ny at Infantry Park, July 31. The Soldiers from the 490th Chemical Battalion from Anniston, Ala., were from Anniston, Ala, were cross-leveled to meet the needs of the Army and trained at Fort Bragg, N.C. and Fort Dix for an Operation Iraqi Freedom mission



From left, 1st Sgt. Thomas K. Watts and Maj. Tim Cox, 422nd Civil Affairs Battal-ion, Charlie Company commander and first sergeant, and Maj. Timothy Brooke and 1st Sgt. Joseph Winchester, 422nd Civil Affairs Battalion, Bravo Company com-mander and first sergeant display their units' Yellow Banners at Infantry Park, July 31. Both the companies are from Greensboro, N.C. and are deploying for a mission

Read The Post!



Joseph Neluna, left, maintenance lead for Engineering and Professional Services, is presented a Certificate of Appreciation for leadership and dedication from his supervisor Bernie Botts.

General takes charge of **Army FMWR Command**

FORT BELVOIR, Va. - Brig. Gen. Reuben D. Jones took the reins of the Army Family and Morale, Welfare and Recreation Command from

light of our Army, and the entire FMWRC team for

transition.

"I look forward to working with each of you as
we facilitate the programs and services that our
Soldiers, their Families, and our commanders so Jones took the reins of the Army Family and Soldiers, their Families, and our commanders so Morale, Welfare and Recreation Command from Col. Brick T. Miller during a change of command ceremony July 30 at Wallace Theater.

Jones came to FMWRC Camer serving as The Jones came to FMWRC Late and the Jones are the service of the U.S. Army Physical Disability General of the U.S. Army Physical Disability Agency and Executive Director of the Military Postal Service Agency in Alexandria, Va.

"Let me first of all thank Brick Miller, Soldier," loans exiterated, "the centre of a tiger. ... the eye of an eagle, and he takes that same strength and determination when it comes to defending you, deferinding Families, defending programs and budgets for our great Army."

Jones asia opplauded Miller's wife, Judy, for increasing and plant of Miller's wife, Judy, for increasing and the your great sons who are out there waging and taking care of our mation's business."

"I would like to thank the IMCOM staff, the first of the MRC, Command Sergeant Major (Prussia. It signifies the passing of responsible of the proper of the prop

System available to address issues within the community

Tiffany L. Colby

Customer Management Services

The Community FIRST (Feedback, Issues, Resolutions, Solutions, Today) process is designed to identify and resolve issues that address the well-being of the Miltary Family.

One of the methods used to collect quarterly issues that address the well-being of the Miltary Family.

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One of the restore the well-being of the Miltary Family Action Plan group of people are asked about (AFAP) process.

Currently, constituents are needed to represent the Civilian Workforce in a focus group on Sep 09 from 1300 -1630.

Anyone belonging to this constituent specific (CSO) at a many place where community members can bring up issues that can be restored to be forwarded through the or work of the method with the Miltary Family Action Plan group of people are asked about (AFAP) process.



Army Community Service (ACS)

562-2767 Bldg. 5201, on the corner of 8th Street and Maryland Avenue Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

Around Post



photos by Capt. Antonia Green

MAJOR ACCOMPLISHMENT Capt. William Neal, Detainee Operations Training Officer in Charge, 2nd Battalion, 312th Training Support Regiment, Training Support Regiment, above, is promoted to the rank of major, by Lt. Col. Thomas Shabazz, 2-312th battalion commander, July 24. 4t right, Capt. Laura Lewis, Headquarters, Headquarters Company commander, 2nd Battalion, 312th Training Support Regiment, is promoted to the rank of major by 2-312th battalion commander. Lt. Col. Thomas Shabazz, at er, Lt, Col, Thomas Shabazz, at the Detainee Operations Train-ing Facility, July 24.





I WILL -- After 28 years of service, Staff Sgt. Daniel Balint, a command group noncommissioned officer with the 99th Regional Support Command, above, rais-es his hand to sign up for another ten years with the U.S. Army Reserve at his reenlistment ceremony July 28, at the 99th RSC headquarters building. Balint is a civilian with the 99th as a Human Resource Specialist during the week.



HANDS ON AWARDEE -Set. Lukas Kneeland, a Modern Army Combatives Program Level 1 Instruc-tor, far left, receives an Army Achievement Medal from Lt. Col. David Knellinger, commander, 3/315th Engineer Battal-ion, at the MACP Level 1 class graduation July 30, in Doughboy Gym. Knee-land's AAM comes from outstanding performance at his Level 3 MACP course and being named Honor Graduate within the



JOB WELL DONE -- Col. Jeffery Bonnor, 2nd Brigade, 70th Training Division commander, from Fort McCoy, Wis., shakes the hand of Ist Sgt. Roy Waters after pinning the Army Commendation Medal on his uniform. Waters was awarded his decoration for his service as interim commandant of the Fort Dix NCO Academy, from January 2008 to July 2008, July 22.

Announcements

FMWR Presents

CLUB DIX 723-3272

HOURS OF OPERATION Java Café

Monday through Friday 7 a.m. to 1:30 p.m.

Smokehouse Restaurant Tuesday through Friday 11 a.m. to 1:30 p.m. Closed Saturday, Sunday, Monday

Blue Room

Wednesday 5 p.m. to 10 p.m

Thursday through Saturday 6 p.m. to 10 p.m. Closed

Sunday, Monday, Tuesday

Computer Lab

Monday and Tuesday 7 a.m. to 1:30 p.m. Wednesday through Friday 7 a.m. to 10 p.m.

Saturday Noon to 10 p.m. Sunday 10 a.m. to 6 p.m.

Equipment Resource Center

Hours of operation: Monday through Thursday 10 a.m. to 5 p.m.

Friday: 10 a.m. to 7 p.m.

Saturday: 9 a.m. to 4 p.m. Call 562-4767 for details

John Mann Recreation Park

Hours of operation: Wednesday and Thursday 1 p.m. to 7 p.m.

Friday, Saturday, Sunday 1 p.m. to 8 p.m.

Paintball at Range 14

Saturday and Sunday 9 a.m. to noon

and 1 p.m. to 4 p.m.

Call 562-4767 for details.

Community Orientation Free Child Care • and Much More! Newcomers Information · Tour · Free Lunch



At the Army Community Service

(ACS) Building 5201 Maryland Avenue AGE

For More Information Call: (609) 562-2767

Griffith Field House

Bldg. 6053 562-4888 Monday, Wednesday, Friday Combat Fitness Challenge Military Only 6:30 a.m. to 7:30 a.m.

Monday Mind & Body Yoga Noon to 12:45 p.m.

Total Toning 5:15 p.m. to 6:15 p.m

Gut Buster 6:15 p.m. to 7 p.m. Tuesday

Step and Sculpt Noon to 12:45 p.m.

Pilates Fusion 5:15 p.m. to 6:15 p.m. Mind and Body Yoga 6:15 p.m. to 7 p.m.

Wednesday

30/30 Noon to 1 p.m. Mind and Body Yoga 5:15 p.m. to 6:15 p.m. Circuit Training 6:15 p.m. to 7 p.m.

Thursday Retirees in Motion 9 a.m. to 9:30 a.m.

Zumba 6:15 p.m. to 7 p.m.

Friday Spin-It Noon to 12:45 p.m.

Step Fusion 5:15 p.m. to 6:15 p.m.

Saturday Cardio Muscle 9 a.m. to 10 a.m.

Volunteers needed

for Fort Dix Special Observances Committees call 562-4011

Arts & Crafts Center

Bldg. 6039 Philadelphia Street 562-5691

Registration hours: Registration hours: Tuesday: 9 a.m.to 4:45 p.m. Wednesday and Thursday: Noon to 5 p.m. and 6 p.m. to 8:45 p.m. Friday: 11 a.m. to 4:45 p.m. Saturday: 9 a.m. to 4:45 p.m.

Summer Art Camp Ages 6 to 10 Tuesday through Friday 12:30 p.m. to 2 p.m.

Ages 11 to 16 3 p.m. to 4:30 p.m. Pre-registration is required

Session 3: Aug. 18 through 21

A \$50 registration fee (per session) includes all materials. Explore a variety of craft tech-niques using clay, paper, paint

and more.

Sign up for one or more sessions since projects will be unique to each session. Discounts are available. ounts are av

Framing Qualification Classes

Wednesday, Aug. 12 6 p.m. to 8:30 p.m.

o p.m. to 8:30 p.m.
Pre-registration fee of \$10 is required prior to class. (Materials not included.)
Become familiar with the equipment and complete one piece. You must bring something such as an 8"x10" photo or certificate to frame.
All materials are available at the frame shop and can be purchased at the end of class.

Krafty Birthday Parties

Parties include up to two hours of party room use, and includes one craft project with instruction and materials. Many exciting projects to choose from. When making party reservations, please stop by to select the desired craft and to make your payment.

please stop by to select the desired craft and to make your payment.

Sony Picture Station

Do-it-yourself instant, high quality prints are easy to create and affordable too. Sizes available include wallets to 8" x10". The stronglize your prints with wording, borders, collages, scrapbook pages, cards, calendars, and more. Just slip in the

card from your digital camera, or a photo CD, and you're ready to print! Scan some old photos and burn them onto a CD, or just copy onto a CD from your mem-ory card. This machine does it all.

Create-A-Critter



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Fort Div Post Aug. 7, 2009/ page 11

Amputee sprints to 2012 Paralympics spot



TO THE FINISH -- U.S. Army World Class Athlete Program Paralympic sprinter hopeful Sgt. Jerrod Fields works out at the U.S. Olympic Training Center in Chula Vista, Calif. A below-the-knee amputee, Fields won a gold medal in the 100 meters with a time of 12.15 seconds at the Endeavor Games in Edmond, Okla., on June 13.

Tim Hipps FMWRC Public Affairs

CHULA VISTA, Calif, - Sgt. Jerrod Fields capped his track and field season by winning a gold medal at the 2009 Endeavor Games and setting his sights on the 2012 Paralympics.

Fields, a below-the-knee amputes exister in the US

with physical disabilities.

Earlier this spring, he finished second against an able-bodied field of collegiate sprinters with a 12.0 clocking in the 100 meters at the Occidental Invitational in

He and Jackie were the first

meter women's world record-holder Flo-Jo to five Olympic

medals.
"In my family, we have a total of 12 Olympic medals," Joyner said. "And I have been coaching for the past 27 years."
Among Joyner's current crop of athletes, Fields received a special ned of approval.

of antes and setting in signs on the 2012 Paralympies.
Fields, a below-the-knee amputee sprinter in the U.S.
Army World Class Athlete Program, won the 100 meters with a getting better and better by the Endeavor Games for athletes with physical disabilities.

On the 2012 Paralympies of all provided a special most of the world get improved athlete, he would get have a conditionally a second, so it's going to be really great to see over these next three Endeavor Games for athletes with physical disabilities.

On the 2012 Paraly Technology of the world approval. or four years as we get ready for London. He's going to surprise a lot of people.
"He really has improved in

leaps and bounds with his mechanics. If somebody came out and watched him run from

field of collegiate sprinters with a 12.0 clocking in the 100 meters at the Occidental Invitational in Los Angeles.

Fields' coach, Al Joyner, Believes his sprinter will flirt with world records on the road to London for the 2012 Parlymyiers.

"If think he's a potential world record-holder," Joyner said in early February. "I would put my money on him in both he 100 and 200."

There's little reason to doubt Joyner, an Olympic gold medalist and Jim Thorpe Award winner who helped his late wife, Florence Griffith-Joyner, and sister, Lackie Joyner-Kersee, sprint and jump for Olympic gold during their illustrious careers.

Joyner, Team USA's sprint and jump high performance coach, began working with Fields last November at the U.S.
Joyner, Training Center in Chala Vista.

"In terms of track and field, he's just a baby," Joyner said.
"He's just now starting to learn in 80 years to win and Slympic gold medal in the triple jump at the 1984 Los Angeles Games.

He and Jackie were the first Was at decoy.

We got the call to return to was a decoy.

We got the call to return to was a decoy.

I became the lead vehicle, and that's when an IED went off underneath it. The first IED took the floor plate of my Bradley out. The second one got me in the leg. It took from the calf muscle all the way down to the heel of my foot – the Achilles tendon and muscles. I was able to continue the mission. I didn't feel it really at first. I just felt a lot of fire.

"To be honest, when I first may be a first may be a first metally and also become an athlete." Fields recalled. "He faxed me all the paperwork. I got in contact with apperwork. I got in contact with apperwork.

fire.

"To be honest, when I first looked down to see what happened, I laughed, because I thought I had dropped a grenade. I was thinking to myself: 'Man, the see that the se these guys are never going to believe what I've done.' I finally heard over the net that it was an IED and that I had been hit. When I looked at my leg, I saw that it was mangled." Fields returned to the States

Fields returned to the States and reported to Walter Reed Army Medical Center in Wash-ington on March 1. After six rounds of surgery and six days of miring his most difficult deci-sion, Fields requested amputa-tion below his left knee.

Fields said he never consid-

Fields said he never considered leaving the military, as long as it would have him.

"I saw more support by staying in the Army," said Fields, who suffered the injury at age 22. "That's when President Bush signed a bill for us to stay on active duty pending a PT test to see that we were fit for duty and could return. That was my intensity of the property of the pr He and Jackie were the first was a decoy.

We got the call to return could return. That was my intenOlympic gold in the same event. home. I was the trail vehicle in tion. Then this program came
And he coached 100 and 200the convoy. As we turned around, along."

paperwork. I got in contact with WCAP, they looked into it, and we went from there. Now, I think I can retire from active duty and come back as a coach to work with some younger Soldier-ath-letes coming up.

"I was a career Soldier the

day I signed up."

Fields suggests that wounded warriors get active as soon as

physically possible.
"I would say to get out here and face those fears, if any, and have fun," he said. "This beats have tun," he said. "This beats sitting in a house and being depressed, or being off your leg or your arm, or thinking how people might view you because of your disability. "Just get out and have fun." Fields is still learning to run on the prosthetic

sion, Fields requested amputation below his left kine.
"It would have taken 22 surgeries, and they were going to fuse my ankle," he said. "I would not have been able to play basketball anymore."
Fields resumed walking on April 2. By mid-June, he was playing basketball in a Chao comment league.
"I never got down or angry about this injury," said Fields, who since has graced the correct of the strength of the size over of ESPN The Magazine for his driver of ESPN The Magazine for his driver of the size of the size over of the size of the size

"I'm going to let the event find him," Joyner said. "He's going to run the 400 to keep his strength. Getting ready for the Olympics, it's mental, so I'm going to attack his body to let him know that he can do anything he wants as long as he puts his mind to it. I look at him as a dedicated athlete, and he just keeps raising the bar. My job is to get him competing against himself."

Sports Shorts

Griffith Field

Saturday & Sunday 9 a.m. to 5 p.m. Monday - Friday 6 a.m. to 9 p.m.

Energize with Combat Fitness Challenge

Maximize the benefits of andard physical fitness trainstandard physical fitness training at the Griffith Field House.
The Combat Fitness Training
Challenge, every Monday and
Wednesday from 6:30 a.m. 7:30 a.m. is an intense militarystyle group workout given by

certified Griffith Field House

personal trainers and Army mas-ter fitness trainers of all levels. The class includes running, military-style calisthenics and drill exercises, cardio kick box-

ing and more. Call (609)562-4888 for more

Tunnel to Towers Run is near

The seventh annual Tunnel to The seventh annual Tunnel to Towers Run will take place Sept. 27. Start time is 9:30 a.m. and participation in the run is free for active duty Soldiers. Word is still awaiting on Army Reserve and National Guard Soldiers. a fundraiser done annually to honor the memory of New York Fire Department firefighter Stephen Siller and 343 other firefighters who were killed per-forming their duties on Septem-

The race starts at the Brook-lyn Battery Tunnel and goes to Operation Ground Zero, the spot where the World Trade Center Towers stood prior to

The race is traditionally run on the final Sunday of each Sep-tember where tens of thousands of runners raise money for vari ous charities including the New York Burn Center and Faller Heroes Foundation